Growth Model: Linear Vs Circular

Quote to ponder

There is no 'up' or 'down' in a circular growth @Intentional living

Idea to Consider



It's common to believe that linear growth is the only model for success. Where A leads to B, B leads to C and then C leads to D. The limitation with this model is that it is by default designed to climb up or step down. There is always someone above or below you to measure. This falsely assures that a clear path to success is in achieving the D.

If you are struggling to come out of the line of learning, you can use the circular growth model to visualize your personal growth.

In the circular growth model, there is no up or down. Where A leads to B and then B leads to C and then C in turn feeds A. This is a personal journey where nobody is more advanced than anyone else. It is your own unique path of growth that offers infinite possibilities and rewards—a feedback mechanism to continuously improve. The advantage of using double loops over single loops to solve problems Growth loops can be a simple and static approach to a simple problem, and this is called the single loop approach. To solve complex and dynamic problems, you can use the double loop approach, where you account for the factors and changes that are in the environment and then adjust the mental framework on which a decision depends.

Cheet sheet to experiment

